Underwritten by: **American Heritage Life Insurance Company**

The Standard is a marketing name for StanCorp Financial Group, Inc. and subsidiaries. Insurance products are offered by American Heritage Life Insurance Company, Jacksonville, Florida in all states except New York. Product features and availability vary by state and are solely the responsibility of American Heritage Life Insurance Company.

mybenefits℠

secure online benefits access



Manage Your Account and File Claims

E-Signature
Upload, review and sign your claim electronically

Direct Deposit
Available for faster processing

View
Full policies, certificates and claim history

Download
Explanation of Benefits (EOB)

Anytime Access

Online access to coverage information, claims and more. Optimized for mobile devices, submitting claims is as easy as taking a picture of your documents and submitting them through MyBenefits.

Mobile Optimization

- Our MyBenefits app streamlines your claims submissions (see next page)
- Take a picture of your supporting documents and submit them via the app or through your mobile device

How to Register to Access MyBenefits

- Go to: standard.com/ahl/mybenefits (click “Register your account today”)
- Enter account info: SSN, Zip code and Birthdate are required
- Create your account: Choose your User ID and Password
- Answer two security questions: User ID retrieval and Password reset

To find out more about what the MyBenefits site can offer, see the *information on reverse*.

mybenefits℠

Innovative online capabilities at your fingertips

Online Access 24/7
Access your claim and benefit information anytime, day or night

E-Signature
Upload supporting documents like hospital or doctor's bills, then review and sign your claim electronically

Coverage Information
Print or view your coverage details or certificates on existing coverage

Help Center
Gives you anytime access to our Forms Library, Upload Center, contact information and recent account activity

Message Center
Alerts you of claim status updates and other important information

Mobile Friendly
Use your mobile device to upload pictures of your claim forms and supporting documents

Fast Claims on the Go — We Have an App for That!

Register at standard.com/ahl/mybenefits or download the MyBenefits app



MyBenefits Website
- Accessible using a desktop, laptop, tablet or smartphone
- Viewable in a wide variety of browsers
- Website format allows for viewing and scaling of the site on each device without distortion

Download our free MyBenefits app for Android and Apple mobile devices
- The app saves you time and streamlines your claims submissions.
- You can take pictures of your supporting claim documents, like a hospital or doctor's bill, and upload them via the MyBenefits app.
- Search for The Standard - MyBenefits on the App or Play store

MyBenefits App System Requirements
- Android and Apple iOS devices
- Android operating system 3.3 or greater
- Click "install" and the app's icon will load onto the device's home screen

Rev. 11/25. This material is valid as long as information remains current, but in no event later than March 15, 2028.

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The Standard is the marketing name used for American Heritage Life Insurance Company, Home Office, Jacksonville, Florida, a wholly owned subsidiary of StanCorp Financial Group, Inc.

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