

### Class Concept

Employees in this class assist occupational therapists in the carrying out one to one (1:1) and group treatments, assist with evaluation of patients, documentation and implementation of a broad variety of occupational therapy programs and treatments in State hospitals, centers, and local agencies under direction and supervision of a Licensed, Registered Occupational Therapist (OTR) according to physician's orders. Employees assist occupational therapists in the assessment, planning and conducting of treatment programs and activities for a variety of patients. Treatments include but are limited to mental health recovery programming, coping skill development, sensory modulations, adaptive living, physical health/wellness, occupational skills including basic activities of daily living, instrumental activities of daily living, education, work play, leisure, social interactions, technology training, violence prevention, restraint reduction, self-injurious behavior reduction, monitoring of adaptive devices/tools, staff trainings, and return to community following prolonged institutionalization training.

### Recruitment Standards

#### Knowledge, Skills, and Abilities

- Basic knowledge of occupational therapy principles, techniques, methods, modalities and their proper application.
- Basic knowledge of functional anatomy, physiology, biomechanics, physical and mental conditions of patients.
- Working knowledge in Psychiatric diagnosis.
- Working knowledge of cognitive behavior model and sensory modulation/integration models.
- Skill in general craft techniques for enhancement of physical and psychiatric functioning.
- Skill in activity analysis, activity modification, and one-to-one activity selection/implementation.
- Skill in psychosocial group treatment planning, and implementation.
- Skill in general fabrication and use of splints and adaptive devices.
- Skill in assisting with evaluations, treatment planning and treatment implementation.
- Skill in gauging patient progress through musculature, psychosocial, and sensory evaluation, goal attainments and other general patient progress.
- Skill in writing accurate patient progress notes.
- Skill in basic computer.
- Ability to instruct unit personnel and lower level technicians in occupational therapist treatments.
- Ability to work effectively with patients of various ages, developmental and functional abilities, medical conditions, psychiatric conditions, mental competence and physical disabilities.
- Ability to effectively communicate patient progress to other interdisciplinary team members, such as, physical therapist, physicians, nursing staff, social worker, etc.

#### Minimum Education and Experience

Licensed to practice as an Occupational Therapy Assistant in the State of North Carolina and two years of related experience.