

Did you know you have a Wellness Benefit with the cancer plan you chose?

The Wellness Benefit provides a **\$25** benefit for the Low Plan and a **\$100** benefit for both the High and Premium Plans that is paid directly to you.

Each covered person is eligible for this benefit one time per calendar year.

Did you know there is no time limit to file a claim?

For claims older than one year, you can submit your docs by:

- Mail to: American Heritage Life Insurance Company 1776 American Heritage Life Drive, Jacksonville, FL 32224
- Fax: 800-430-4188

Items that are NOT eligible for reimbursement:

- Routine physicals where a listed screening is not performed
- Screenings performed for an employee who does not have cancer and specified disease coverage with Allstate Benefits

How do I file my claim?

Visit the **MyBenefits** website to file your claim. See reverse for instructions. For questions, please contact the **NCFlex Customer Care Center** at **866-232-1517**

Meeting Your Needs

- Our products are portable
- Pre-existing conditions do not apply
- 100% coverage also available for your dependents

Your eligible Wellness exams:

- Biopsy for skin cancer
- Blood test for triglycerides
- Bone Marrow Testing
- CA125 (cancer antigen 125 blood test for ovarian cancer)
- CA15-3 (cancer antigen 15-3 blood test for breast cancer)
- CEA (carcinoembryonic antigen blood test for colon cancer)
- Chest X-ray
- Colonoscopy
- Doppler screening for carotids or peripheral vascular disease
- Echocardiogram
- EKG (Electrocardiogram)
- Flexible sigmoidoscopy
- Hemoccult stool analysis
- HPV (Human Papillomavirus)
 Vaccination
- Lipid panel (total cholesterol count)
- Mammography, including Breast
 Ultrasound
- Pap Smear, including ThinPrep Pap Test
- PSA (prostate specific antigen blood test for prostate cancer)
- Serum Protein Electrophoresis (test for myeloma)
- Stress test on bike or treadmill
- Thermography
- Ultrasound screening of the abdominal aorta for abdominal aortic aneurysms



Accessing your benefit information has never been easier

MyBenefits is an easy-to-use website that offers you 24/7 access to important information pertaining to your benefits.

MyBenefits



Innovative online capabilities at your fingertips

| | Log In |
|--|---|
| Welcome to MyBenefits | User ID Enter Your User ID |
| Anytime access to coverage and claim information | Password |
| File Claims Check Claim Status View Coverage and Benefit Information Update Your Profile and More | Forgot User ID or Password? |
| | Log In |
| | First time here? Register your account today. |



1. Online Access 24/7

Access your claim and benefit information anytime, day or night.

2. Fast File

Complete your claim submission online for quick processing. Use your mobile device to take a picture of your documents and submit using your smartphone, tablet or PC.

3. Express Claims Process

Have your Wellness benefit claim processed within 48 hours (supporting documentation required) by filing through our Express option. Elect to have your claim benefit payment directly deposited into your checking account.

4. Coverage Information

Print or view your coverage details or certificates on existing coverage.

5. Help Center

Gives you anytime access to our Forms Library, Upload Center, contact information and recent account activity.

6. Message Center

Alerts you of claim status updates and other important information.

7. Mobile Friendly

Use your mobile device to upload pictures of your claim forms and supporting documents.

Click anywhere in the information field to see complete coverage details for that policy

For questions, please contact the **NCFlex Customer Care Center** at **866-232-1517** MyBenefits - mybenefits.allstate.com

Rev. 7/23. This material is valid as long as information remains current, but in no event later than July 1, 2026.

The coverage provided is limited benefit supplemental cancer and specified disease insurance, underwritten by American Heritage Life Insurance Company. The coverage has limitations and exclusions. For costs and complete details of coverage, contact your Allstate Benefits Representative. Allstate Benefits is the marketing name used by American Heritage Life Insurance Company (Home Office, Jacksonville, FL), a subsidiary of The Allstate Corporation. ©2023 Allstate Insurance Company. Visit us at www.allstate.com or allstatebenefits.com