HEALTH CARE ASSISTANT I

DESCRIPTION OF WORK

Work in this class involves assisting mentally and physically ill clients with routine, daily living activities in a health facility in the Department of Human Resources.

Employees perform duties involving personal hygiene, client observation and safety, and housekeeping on an assigned shift. Work is closely reviewed and evaluated by a higher level assistant, technician, or nurse through inspection and observation to ensure that the clients' needs are met properly and according to policy.

EXAMPLES OF DUTIES PERFORMED

Bathes, changes, and dresses clients, serves meals, and spoon or bottle feeds clients.

Observes clients for changes in physical and mental condition and reports to higher level assistant. Assists in providing emergency treatment for seizures and accidents in accordance with established procedures.

Sweeps, mops, scrubs walls, blinds, bathrooms and other facilities as required.

Folds and puts away laundry and linens; may wash and iron clothing.

Escorts clients to various areas within the facility or on facility grounds.

Secures routine (non-clean) lab specimens.

Performs related duties as delegated and required.

RECRUITMENT STANDARDS

Knowledges, Skills, and Abilities

Ability and willingness to provide for the basic needs of mentally and physically ill clients.

Ability to maintain a safe, healthy living environment.

Ability to identify and report change in client condition.

Ability to act quickly and effectively in an emergency.

Ability to read and write and follow simple oral and written instructions.

Minimum Training and Experience

Ability to perform duties to be assigned.

Special Condition for Continued Employment

Registration as a Nurse Aide by the North Carolina Board of Nursing within four months of employment.