

How to check your Health Care Flexible Spending Account Balance

1. Log into your FSA account one of three ways:
 - a. Visit ncflex.padmin.com and log in.
 - b. Log into your P&A Account from the [P&A Group Mobile App](#).
 - c. Log into your [eBenefits portal](#) and click “P&A Flexible Spending Accounts” under Quick Links on the left.

Quick Links

[BlueConnect](#)

[CVS Caremark](#)

[EyeMed Vision Care](#)

[Learning Center](#)

[MetLife Dental](#)

[P&A Flexible Spending Accounts](#)

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2. For the Health Care FSA, view your “Available Funds” in both your FSA and CRYFRWD accounts, add the two numbers together.
 - a. Anything from \$25 - \$570 (combined from both accounts) can roll into 2024. Anything over \$570 will be lost if claims are not filed for 2023 expenses by 3/31/24.